

Reducing the Risk of a Cyberattack

2024 WTBA Annual Convention

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Zoran Jovic

- Cybersecurity consultant @ CLA
- Manage and oversee team of cybersecurity consultants
- Enjoy social engineering!
- US Army veteran









Cybersecurity Services at CLA

Cybersecurity Security offered as specialized service offering for over 25 years

- Penetration Testing and Vulnerability Assessment
- > IT/Cyber security risk assessments
- > IT audit and compliance (HIPAA, GLBA/FFIEC, NIST, CMMC, CIS, etc.)
- PCI-DSS Readiness and Compliance Assessments (PCI-DSS)
- Incident response and forensics
- Independent security consulting
- Internal audit support









Objectives

- Identify potential risks and consequences of cybersecurity vulnerabilities and attacks
- Review strategies for recognizing and avoiding social engineering (email phishing) attempts
- Identify password vulnerabilities and learn what make a password 'strong'
- Learn how existing tools can reduce the risk of an attack







Cyber Attacks & "Cybercrime"

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Raise Your Hand if You Work in Tech

- Security Cameras
- Motion Sensors
- Logistics Tracking
- Print Vendors
- Smart TV Displays
- Temperature and Humidity
- Digital Assistance
- Cloud Applications & Analytics
- Bio-Medical Care & Monitoring
- "Presence"



Security cameras Garage door Home thermostat Cable TV remote Smart TV Sleep number bed Roomba "Hey Siri, what's my balance?"

- Apple Watch or FitBit
 - "Presence"



Common Cyber Attacks

Phishing

- Step one in many attacks
- Method: Voice, Email, Text, Search Engine, "Spear"
- **Effect**: Attacker receives login credentials, implants malicious software to device, potentially leading to other attacks.

Ransomware Attacks

- Attack Method: Phishing, Infected USB Drives, visiting malicious sites
- Effect: Unusable resources

DDoS (Distributed Denial of Service)

Method: Overloading of dummy/fake requests to a targeted server (or multiple) forcing it unusable.

Effect: Disturbance and unusable systems until remediated.

Data Breach

- Attack Method: Phishing, lost or stolen devices, insider threats, malware
- Effect: Loss of data, regulatory sanctions

Potential effects of attacks: Reputational, financial, legal/regulatory sanctions



Cybercrime and Black-Market Economies

- Black market economy to support cyber fraud
 - Business models and specialization
 - Underground Marketplace (The Dark Web)
- Most common cyber fraud scenarios
 - Theft of information
 - Log-in Credentials
 - ePHI, PII, PFI, account profiles, etc.
 - Credit card information
 - Ransomware
- > To the Hackers, we all look the same...



They will hit you with any or all of the following:

- Email Spear Phishing Attacks
- Password Guessing and Business Email Account Takeovers
- Payment and Funds Disbursement Transfer Fraud
- 4. Ransomware
- 5. Extortion to avoid breach disclosure



Average Days to Identify and Contain a Data Breach



"Global" average is 280 days

- 203 days to identify a breach
- 72 days to contain the attack



Average Cost of a Data Breach

Average cost of a data breach by industry



Factors

- Lost business cost
- Detection & escalation
- Post breach response
- Notification

Source: IBM Security Cost of a Data Breach Report 2022



Behind the statistics

- Hackers can do a lot in AND to your network in 200+ days
 - Learn everything about you and your organization
 - Find your crown jewels and take them
 - Disable backups and security systems
 - Create numerous back doors
 - Attack everyone you are connected to







Email Phishing

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What is Email Phishing?

- Attackers impersonate 'trusted entities' via email to deceive recipients into divulging sensitive information
- Phishing emails appear legitimate, mimicking branding, logos, and language of trusted organizations
- Phishing emails often contain links to fake websites or attachments containing malware
- Rely on psychological tactics like urgency or fear to prompt immediate action from victims





Email Compromise Timeline



- Credentials = Access
- Gathering user credentials is generally the goal
- The credentials are then sold or traded on the dark web





Microsoft 2022 Digital Defense Report





The volume of phishing attacks is orders of magnitude greater than all other threats



710 million phishing emails blocked per week





Emotional Response Required!





"Accidental" Email Example





Business Email Compromise

- Fraudsters impersonate employees, service providers, or vendors via email in an attempt to...
 - Steal or transfer \$\$\$
 - Authorize a distribution
 - Impersonate an Executive asking staff to "buy gift cards"
 - Update direct deposit account

Fw: Commission Payment



EXTERNAL

We have an update in receiving payments, Via ACH. Kindly advice how we effect this change immediately.

Dwayne Pearse dwayne@vendor.com 549-555-2232

From: Dwayne Pearse <<u>dwayne@vendor.com</u>> Sent: Thursday, December 12, 2019 2:15 PM To: William Bergson <<u>william@vendor.com</u>>; Barb Rogers <<u>barbara@vendor.com</u>> Subject: FW: Commission Payment

From: Brian Johnson <<u>bjohnson@company.com</u>> Date: Thursday, December 12, 2019 at 2:14 PM To: Dwayne <<u>dwayne@vendor.com</u>>, William Bergson <<u>william@vendor.com</u>> Subject: Commission Payment

Good afternoon,

Attached is the backup for commissions paid from the company.

Brian Johnson Accounts Payable Supervisor bjohnson@company.com



Spoofing with Homoglyph

- Replacing characters to make email addresses or web sites look legitimate
- A homoglyph address looks identical to a real address the victim recognizes is registered on a mail provider with a username that is identical

Technique	% of domains showing homoglyph technique
sub I for I	25%
sub i for l	12%
sub q for g	7%
sub rn for m	6%
sub .cam for .com	6%
sub 0 for o	5%
sub II for I	3%
sub ii for i	2%
sub vv for w	2%
sub I for II	2%
sub e for a	2%
sub nn for m	1%
sub II for I, sub I for i	1%
sub o for u	1%

Analysis of over 1,700 homoglyph domains between January–July 2022. While 170 homoglyph techniques were used, 75% of domains used just 14 techniques.



QR Phishing

 Emails contain a PDF or image of a QR code

 QR emails are much harder to detect and block





, you are being held responsible to review security update and requirement as of 20/06/2023. Quickly scan above QR Code with your smartphone camera.

Review security requirements within **2 days of the received date** by going to Account manager in the Security Center.

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Identify Suspicious Emails

- Generic greetings
- Spelling or grammatical errors
- Suspicious email addresses or domains
- Requests for personal information
- Be cautious of email attachments and links
- Avoid clicking links or downloading files!





Avoiding Social Engineering

- Be skeptical and question requests
- Independently verify the legitimacy of any requests
- Be wary of urgency and high-pressure tactics
- Be cautious about sharing sensitive information
- Hover over links (without clicking) to inspect the actual destination address



Utilize Technology!

- Implement Multi-Factor Authentication (MFA)
- Keep software and computer updated
- Employ security tools like spam filters, firewalls, and antivirus software
- Provide/attend regular, periodic, cybersecurity awareness training(s)







Password Compromise

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What is Password Compromise?

 Unauthorized access to a user's password to gain access to sensitive accounts or systems

• Often occurs through various means such as phishing

- Most commonly password compromise is enabled by:
 - Reusing passwords across multiple accounts
 - Choosing 'bad' passwords
 - Choosing short passwords



Passwords

 80% of data breaches involved compromising user credentials

Simple tools to steal and guess credentials

0%	20%	40%	60%	80%	100%
Brute	force or L	lse of stol	en creds		
				•	
Explo	it vuln				
·					
	fbookdoo	rorCO			
Useo	TDACKUOU			1	
•					
Abuse	e of function	onality			
Other					
				1	
SQLi					
		1			
0%	20%	40%	60%	80%	100%
Figur	re 20 To	n Hackir	navariatia	esin	
bread	ches (n =	868)	ig vanetie	50111	
		,			





Give Me Your Creds

 Microsoft 365 credentials remain one of the most highly sought after account types for attackers

 Once compromised attackers can log in to corporate-tied computer systems

1hr 12 m

The median time is takes for an attacker to access your private data if you fall victim to a phishing email

1hr 42 m

The median time for an attacker to begin moving laterally within your corporate network once a device is compromised



Password Challenge





Passwords

> Old Rules (NIST)

- Length (8+ characters)
- Complexity (A a 4 @)
- Forced expiration (every___days)

New Guidance (NIST)

- Passphrases
- Password tools
 - MFA
 - Password managers

Password Audit	Total
Number of passwords audited	855
Passwords cracked	794
Passwords that were all letters	63
Passwords that were all numbers	5
Passwords that were an English word	20
Passwords that were a word with numbers appended to it	200
Passwords that were the same as the username	6
Passwords that do not meet Windows complexity	584



Password Cracking

- Password Hash
 - Passwords are stored in an encrypted format (Hash) unique value for each password
 - P@ssw0rD > DF3C25A62D926F27B08C6D6B8A9F02BA

Password Cracking

 Attackers must "decrypt" the hash
 Guess > Compute Hash > Compare





14 Years to Crack "*P@ssw0rD*"???

Host memory required for this attack: 345 MB

Dictionary cache hit:

* Filename..: /Users/zjovic/Wordlists/rockyou.txt

* Passwords.: 48621253

* Bytes....: 465243592

* Keyspace..: 48621253

df3c25a62d926f27b08c6d6b8a9f02ba:P@ssw0rD

Cracked password

Session:	hashcat
Status:	Cracked
Hash.Name:	NTLM
Hash.Target:	df3c25a62d926f27b08c6d6b8a9f02ba
Time.Started:	Thu Oct 7 13:46:36 2021 (1 sec)
Time.Estimated:	Thu Oct 7 13:46:37 2021 (0 secs)
Guess.Base:	File (/Users/zjovic/Wordlists/rockyou.txt)
Guess.Queue:	1/1 (100.00%)
Speed.#3:	14845.3 kH/s (1.62ms) @ Accel:1024 Loops:1 Thr:64 Vec:1
Recovered:	1/1 (100.00%) Digests
Progress:	3147333/48621253 (6.47%)
Rejected:	1605/3147333 (0.05%)
Restore.Point:	2097282/48621253 (4.31%)
Restore.Sub.#3:	Salt:0 Amplifier:0-1 Iteration:0-1
Candidates.#3:	SABOR -> tolly2001
Started: Thu Oct 7	
Stopped: Thu Oct 7	7 13:46:37 2021



Password Strategies:



Password tools: Password Managers are needed





Multi-Factor Authentication (MFA)

- All remote systems/applications should require MFA
 - Email, VPN, Remote Desktop, Banking, etc.
- Not all MFA is created equal
 - Number matching, push notifications, phone calls, SMS text, soft token (6 digit code), etc.





Protect your credentials!

Use looong passwords/passphrases

Do not reuse passwords

Use multi factor authentication and password managers

Geo-Restrict and System-restrict access to email if possible

Most importantly: Don't use obvious passwords!!!







Questions?

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Thank You!

Zoran Jovic, GPEN Manager, Cybersecurity 813-947-9656 Zoran.Jovic@CLAconnect.com



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